



**A Leg Up, Inc.
Presents**

All proceeds help support our mission: A Leg Up, Inc. is dedicated to promoting self-confidence, personal responsibility, healthy relationships, and problem solving skills for at-risk children and youth through equine facilitated learning.

**AUDITORS
WELCOME!**

Tuesday, June 22, 2010
8:30 am until 4:00 pm
\$25.00

The Board of Directors for A Leg Up, Inc. would like to extend our sincere thanks to Diane Carney, Lori Anderson, the Franklin family, and all participants for their support of this benefit clinic.

Send Registration and
Payment to:
A Leg Up, Inc.

16570 Caledonia Road
Caledonia, Illinois 61011,

Phone: 815-765-1951
E-mail: kelly@alegupinc.org

Clinic with Diane Carney

June 21-22, 2010

@ Canterbury Farm in Hampshire, IL

Also included: Massage therapist bodywork session for riders with Lori Anderson

Clinic Registration Form

Rider	Cell	Home
Address		
Email	Level (circle one) 2'3" and under 2'3" - 2'9" 3'	Level (cont) 3'3" 3'6" 3'9" and up
Horse's Name		
Emergency Contact	Relationship	Phone

Diane Carney—Telluride Farm:

Diane has been an active participant and influential trainer in the hunter/jumper community for many years. Her contributions to the industry extend to the many clinics she teaches each year as well as the annual clinic she hosts for US Show Jumping Chef d'Equipe, George Morris. 2008 IHJA Horseperson of the Year, Diane is known for her enthusiasm toward proper horsemanship. "One of my goals is to always bring the principles of riding forward with education."

Lori Anderson and Structural Integration (Rolfing):

Participants will undergo a 30-minute bodywork evaluation and massage therapy session with licensed massage therapist Lori Anderson. Sessions will be scheduled on Monday afternoon/evening as well as Tuesday. Riders will receive the bodywork before they ride in order to improve their riding position. Lori is a graduate A pony clubber, previous USPC National Examiner, and is trained in structural integration. She allows riders to fix riding issues through focused massage therapy with impressive results.

Riding sessions will be 1 1/2—2 hours in length with a maximum of 6 riders per group.

Clinic registration checklist

- Completed registration form and release form
- Check payable to A Leg Up, Inc. **for clinic fees of \$125** and separate check for \$50 to Diane Carney **for stabling (required).**
- No refunds unless spot can be filled from waiting list
- Current Coggins (drawn after June 23, 2009)

All riders are asked to present themselves in clean and appropriate attire on a well groomed horse.